

JANUARY 10-15

LEANN'S MEAL PLAN

MONDAY

Waffles, strawberry
syrup and bacon
with decaf coffee

TUESDAY

Taco Salad
over Fritos
Sparkling water

WEDNESDAY

Chicken Lemon
Orzo Soup &
blueberry cornmeal
muffins

THURSDAY

Chicken Tikka Masala
(made in IP)
served over rice

FRIDAY

Pizza Night

SATURDAY

Lion's Head Meatballs
over wild rice blend